**R.E.S.T.**

Let’s start with the “T” - with what is TRUTH about Financial Rest….

**TRUTH**

1. **Establish that God is the \_\_\_\_\_\_\_\_\_\_\_\_\_\_.**  He will use any source He wants to work through in meeting our financial needs - income, wages, investments, people, etc. (Deut. 10:14) — It all belong to God

**EXCLUDE**

**2. Exclude all debt**

Proverbs 22:7 - “Borrower is always slave to the lender.”

A slave:

1. has no options
2. 2) is stuck
3. 3) hard for them to cheerfully give
4. a lot of masters - Matthew 6:24 - “No one can serve to masters ….”

**3. Save** - Proverbs 21:20 and 30:25

**4. Spend** - start with needs - “Act your wage” - “godliness with contentment is great gain.”

1 Corinthians 15:33

**RECONCILE**

**5. Become reconciled with your own income** -“This is what we earn so this is how we live.” - and one way to do that is to ….

**6. Create a budget** - Deut 8:18 - [www.abowlfulloflemons.com](http://www.abowlfulloflemons.com) - printable - budget bundle

Stick to the budget! :)

**SURPASS**

**7. Give -** in total faith and joy believing 100% that God is the source